

**Semester – 1**

Paper No	Subject Name	Contents of Syllabi
Paper-I	Hindi-I	यूनिट १ - हृदय यूनिट २ - हृदय की वभिनि बोलयिं और उनका साहृतय यूनिट ३ - हृदय वृयाकरण (Hindi Grammar) यूनिट ॡ - वर्ण वभिाग यूनिट ॡ - शब्द और उनके भेद यूनिट ॢ - वशिषण और उनके भेद यूनिट ॣ - कृरयिा और उनके भेद यूनिट । - काल और काल के भेद यूनिट ॥ - वाक्य और वाक्य के भेद यूनिट १० - सन्धृ यूनिट ११ - समास यूनिट १ॡ - नृनि सन्धृरिा
Paper-II	English-I	Unit - I: Tuth and Non-Voilance Unit - II: The Soul of All Religion is One Unit - III: Daridranarayan Unit - IV: What India Stands For Unit - V: Democracy Unit - VI: To Students Unit - VII: For The Good Of The Individual Unit - VIII: Assignments Unit - IX: Essay Writing Unit - X: Comprehension
Paper-III	INTRODUCTION TO COUNSELING-I	-What is Counseling. -Counseling Process. -Counseling and Guidance Interface. -New Approach to Curriculum and Guidance. -Vocational Guidance. -Educational Guidance and Counseling. -Training Strategy for Guidance and Counseling

Paper-IV	COUNSELING PSYCHOLOGY-I	<ul style="list-style-type: none"> <li>-What is Counseling Psychology?</li> <li>-Therapeutic Relationship.</li> <li>-Professional Practice of Behaviour Analysis.</li> <li>-Behaviourism.</li> <li>-Psychotherapy.</li> <li>-Co- Counseling.</li> <li>-E- Mail Counseling.</li> <li>-Exit Counseling</li> </ul>
Paper-V	CAREERS INFORMATION AND COUNSELING-I	<ul style="list-style-type: none"> <li>-Planning for Career Information- Dissemination.</li> <li>-Information Dissemination for Education and Training.</li> <li>-Guidance workers, Information and Students.</li> <li>-Methodologies and Technologies for career-Information.</li> <li>-Guidance for career Information.</li> <li>-Educational Counseling and Guidance</li> </ul>

**Semester – 2**

Paper No	Subject Name	Contents of Syllabi
Paper-I	Hindi-II	यूनिट १ - हृदय कवी यूनिट २ - हृदय गधकार यूनिट ३ - भारतीय साहित्य यूनिट ४ - आधुनिक हृदय का अंतरराष्ट्रीय विकास यूनिट ५ - आधुनिक हृदय गद्य का इतहास यूनिट ६ - आधुनिक हृदय पद्य का विकास यूनिट ७ - प्रवासी हृदय साहित्य यूनिट ८ - देवनागरी यूनिट ९ - देवनागरी का इतहास यूनिट १० - देवनागरी की वैज्ञानिकता यूनिट ११ - विकिपीडिया - इंटरनेट पर हृदय का साधन यूनिट १२ - हृदय के साहित्यिक साधन
Paper-II	English-II	Unit - I: Precis Writing Unit - II: Letter Writing Unit - III: Preposition Unit - IV: Fixed Preposition with Verbs Unit - V: Idioms Unit - VI: Substitutions of Words Unit - VII: One Word Substitutions Unit - VIII: Common Errors Unit - IX: History Of English Language Unit - X: Foreign Language Education

Paper-III	INTRODUCTION TO COUNSELING-II	<ul style="list-style-type: none"> <li>-Guidance for Vocationalisation of Careers.</li> <li>-Counseling and Guidance for Mental Hygiene.</li> <li>-Practical Guidance Service for the Younger-generation.</li> <li>-Interpersonal Relationship among the-Counseling and Guidance Team.</li> <li>-Holistic Approach to Care and Guidance of -School Children.</li> <li>-Teaching and Guidance in the past, present and future</li> </ul>
Paper-IV	COUNSELING PSYCHOLOGY-II	<ul style="list-style-type: none"> <li>-Genetic Counseling.</li> <li>-Grief Counseling.</li> <li>-Re- Evaluation Counseling.</li> <li>-Relationship Counseling.</li> <li>-Rehabilitation Counseling.</li> <li>-Solution Focused Brief Therapy.</li> <li>-Telephone Counseling</li> </ul>
Paper-V	CAREERS INFORMATION AND COUNSELING-II	<ul style="list-style-type: none"> <li>-Vocational Counseling and Guidance.</li> <li>-New Approaches to Educational Counseling.</li> <li>-Career Planning and Personality- Development.</li> <li>-Guidance for Adolescents.</li> <li>-Revamping</li> </ul>

**Semester – 3**

<b>Paper No</b>	<b>Subject Name</b>	<b>Contents of Syllabi</b>
Paper-I	PSYCHOTHERAPY-I	<ul style="list-style-type: none"><li>-Introduction to Psychotherapy.</li><li>-Meaning of Psychotherapy.</li><li>-Psychotherapy and other Fields.</li><li>-Historical Perspective of Psychotherapy.</li><li>-Psychotherapy and the Disorders.</li><li>-Psychotherapy and Psycho diagnostics.</li><li>-Psychotherapy and Psycho diagnostics- (Others)</li><li>-Psychotherapy and Interviewing for Diagnosis.</li><li>-Mental Status Examination</li></ul>
Paper-II	VOCATIONAL GUIDANCE-I	<ul style="list-style-type: none"><li>-Career Information Resource Centre.</li><li>-Education, Training and career Information.</li><li>-Career Information at School Level.</li><li>-Career Information Methods and Techniques.</li><li>-Concept and Classification of Guidance</li></ul>
Paper-III	CHILD PSYCHOLOGY-I	<ul style="list-style-type: none"><li>-Psychology, Philosophy and Man.</li><li>-Humanist Conceptions of Man.</li><li>-Pressures in Early Childhood.</li><li>-Nature of the Child.</li><li>-Pressures in the School</li></ul>

Paper-IV	BEHAVIORAL SCIENCE-I	<ul style="list-style-type: none"> <li>-What is Behaviour?</li> <li>-Behavioural Sciences.</li> <li>-Cognitive Science.</li> <li>-Applied Behaviour Analysis.</li> <li>-Behavioural Bias.</li> <li>-Behaviour Modification.</li> <li>-Behaviour Management</li> <li>-Professional Practice of Behaviour Analysis.</li> <li>-Eye blink conditioning.</li> <li>-Learned Helplessness.</li> <li>-Behavioural Activation.</li> <li>-Educational Psychology.</li> <li>-Reasoning.</li> <li>-Social Neuroscience.</li> <li>-Social Cognition.</li> <li>-Emotion and Memory.</li> <li>-Emotional Contagion.</li> <li>-Emotional Competence.</li> </ul>
Paper-V	PSYCHIATRIC SOCIAL WORK-I	<ul style="list-style-type: none"> <li>-Introduction.</li> <li>-Psychiatric Social Work as a Profession.</li> <li>-Psychiatry and Social Work Interrelationships.</li> <li>-Psychology, Skill Development and Social - Work.</li> <li>-Social Work in Hospitals</li> </ul>

**Semester – 4**

<b>Paper No</b>	<b>Subject Name</b>	<b>Contents of Syllabi</b>
Paper-I	PSYCHOTHERAPY-II	<ul style="list-style-type: none"><li>-Psychotherapy Goals/Objectives/ Strategies.</li><li>-Psychotherapy as opportunity for Relearning.</li><li>-Models of Psychotherapy.</li><li>-Effectiveness of Psychotherapy.</li><li>-Patient, Therapist and Treatment Variables-Related to Outcome.</li><li>-Mental Disorders and Effectiveness of - Psychotherapy Studies.</li><li>-Psychotherapy combined with - Pharmacotherapy.</li><li>-Implications for Psychotherapy Practice</li></ul>
Paper-II	VOCATIONAL GUIDANCE-II	<ul style="list-style-type: none"><li>-Educational Guidance.</li><li>-Vocational Guidance.</li><li>-Educational Counseling.</li><li>-Personality Development.</li><li>-Career Information and Guidance for- Adolescents.</li><li>-Future Education in the Third Millennium</li></ul>
Paper-III	CHILD PSYCHOLOGY-II	<ul style="list-style-type: none"><li>-Classroom as the Learning Environment.</li><li>-Behavior Systems Approach.</li><li>-Behavioral Humanism, Psychology and- Education</li><li>-Philosophy of Behavioral Modification</li></ul>

Paper-IV	BEHAVIORAL SCIENCE-II	<ul style="list-style-type: none"> <li>-Alexithymia and EI</li> <li>-Emotional Labour</li> <li>-Culture Change</li> <li>-Theory of Planned Behaviour</li> <li>-Habit in the Context of Psychology</li> <li>-Self Control</li> <li>-Behaviourism</li> <li>-Behavioural Change Theories</li> <li>-Behaviour Analysis of Child Development</li> <li>-Experimental Analysis of Behaviour</li> <li>-Psychological Behaviourism</li> <li>-Behavioural Ecology</li> <li>-Anti- Social Behaviour</li> <li>-Instinct</li> <li>-Motivation</li> <li>-Rebellion</li> </ul>
Paper-V	PSYCHIATRIC SOCIAL WORK-II	<ul style="list-style-type: none"> <li>-Social Work and Health Care Delivery- Systems.</li> <li>-Psychiatric Social Workers and Child –Guidance Clinics.</li> <li>-Social Work and Conversion Hysteria.</li> <li>-Social Policy, Social Work, Psychology and- Child Care</li> </ul>



**Semester – 5**

<b>Paper No</b>	<b>Subject Name</b>	<b>Contents of Syllabi</b>
Paper-I	THEORIES OF COUNSELLING-I	<ul style="list-style-type: none"><li>-Introduction.</li><li>-Theories and Counselling Process.</li><li>-Adlerian Theory and Counselling.</li><li>-Rogers Client Centered Theory and- Counselling.</li><li>-REBT Theory and Counselling.</li><li>-Reality Therapy based on Choice Theory and- Counselling.</li><li>-Family Systems Theory and Counselling.</li><li>-Theory of Self Efficacy and Counselling.</li><li>-Matching Interventions to Client Problems.</li><li>-Introduction to Existentialism.</li><li>-Dimension of Human Existence.</li><li>-Existential Given 2: Death, Human Limitation- and Finiteness.</li><li>-Given 3: Isolation and Connectedness.</li><li>-Given 4: Meaning Versus Meaninglessness.</li><li>-Given 5: Emotions, Experience and- Embodiment.</li><li>-Existential Approaches to Counselling</li></ul>
Paper-II	COUNSELLING PROCESS-I	<ul style="list-style-type: none"><li>-The Counselling Process.</li><li>-Counseling Process and Assessment.</li><li>-Counseling and Treatment Techniques.</li><li>-Family Counselling</li></ul>

Paper-III	BEHAVIOUR MODIFICATION AND COUNSELLING-I	<ul style="list-style-type: none"> <li>-Introduction.</li> <li>-Counselling Process, Psychotherapy and-Counsellor's Role.</li> <li>-Behaviour Modification.</li> <li>-Behaviourism.</li> <li>-Skinner's Operant Behaviourism/ Conditioning.</li> <li>-Wolpe's Reciprocal Inhibition.</li> <li>-Eysenck's Incubation Theory</li> </ul>
Paper-IV	RESEARCH METHODOLOGY-I	<ul style="list-style-type: none"> <li>-Introduction to Research.</li> <li>-Research in Management Decisions and-Defining Problems in Research.</li> <li>-Formulation of Hypothesis.</li> <li>-Research Planning.</li> <li>-Research Design</li> </ul>

**Semester – 6**

<b>Paper No</b>	<b>Subject Name</b>	<b>Contents of Syllabi</b>
Paper-I	THEORIES OF COUNSELLING-II	<ul style="list-style-type: none"> <li>-Introduction to Client Centered Therapy/ - Counselling.</li> <li>-Theory of Client Centered Counselling.</li> <li>-The Rogerian Approach to Counselling.</li> <li>-Client Centered Therapy.</li> <li>-Actualization: A Functional Concept in Client-Centered Therapy.</li> <li>-Ethical issues in Client Centered Therapy.</li> <li>-Other Theories and Counselling</li> </ul>
Paper-II	COUNSELLING PROCESS-II	<ul style="list-style-type: none"> <li>-Cognitive Approach to Counselling.</li> <li>-Motivational Approach to Counselling.</li> <li>-Community Approach to Counselling.</li> <li>-Other Approaches to Counselling.</li> <li>-Behavioural Medicine</li> </ul>
Paper-III	BEHAVIOUR MODIFICATION AND COUNSELLING-II	<ul style="list-style-type: none"> <li>-Behaviour Modification in Counselling.</li> <li>-Functional Behavioural Assessment.</li> <li>-Behaviour Modification.</li> <li>-Techniques or Increasing Desirable-Behaviours.</li> <li>-Preventive Strategies.</li> <li>-General Behaviour Reduction Guidelines.</li> <li>-Other Techniques</li> </ul>
Paper-IV	RESEARCH METHODOLOGY-II	<ul style="list-style-type: none"> <li>-Collection of Data.</li> <li>-Sampling.</li> <li>-Attitude Measurement and Scales.</li> <li>-Report writing and Presentation</li> </ul>
Paper-V	DISSERTATION	

<b>Semester - 1</b>				
<b>Paper</b>	<b>Paper Name</b>	<b>Project Work</b>	<b>External Max Marks</b>	<b>Total</b>
Paper - I	Hindi-I	30	70	100
Paper - II	English-I	30	70	100
Paper - III	INTRODUCTION TO COUNSELING-I	30	70	100
Paper - IV	COUNSELING PSYCHOLOGY-I	30	70	100
Paper - V	CAREERS INFORMATION AND COUNSELING-I	30	70	100
<b>Semester - 2</b>				
<b>Paper</b>	<b>Paper Name</b>	<b>Project Work</b>	<b>External Max Marks</b>	<b>Total</b>
Paper - I	Hindi-II	30	70	100
Paper - II	English-II	30	70	100
Paper - III	INTRODUCTION TO COUNSELING-II	30	70	100
Paper - IV	COUNSELING PSYCHOLOGY-II	30	70	100
Paper - V	CAREERS INFORMATION AND COUNSELING-II	30	70	100
<b>Semester - 3</b>				
<b>Paper</b>	<b>Paper Name</b>	<b>Project Work</b>	<b>External Max Marks</b>	<b>Total</b>
Paper - I	PSYCHOTHERAPY-I	30	70	100
Paper - II	VOCATIONAL GUIDANCE-I	30	70	100
Paper - III	CHILD PSYCHOLOGY-I	30	70	100
Paper - IV	BEHAVIORAL SCIENCE-I	30	70	100
Paper - V	PSYCHIATRIC SOCIAL WORK-I	30	70	100
<b>Semester - 4</b>				
<b>Paper</b>	<b>Paper Name</b>	<b>Project Work</b>	<b>External Max Marks</b>	<b>Total</b>
Paper - I	PSYCHOTHERAPY-II	30	70	100
Paper - II	VOCATIONAL GUIDANCE-II	30	70	100
Paper - III	CHILD PSYCHOLOGY-II	30	70	100
Paper - IV	BEHAVIORAL SCIENCE-II	30	70	100
Paper - V	PSYCHIATRIC SOCIAL WORK-II	30	70	100
<b>Semester - 5</b>				
<b>Paper</b>	<b>Paper Name</b>	<b>Project Work</b>	<b>External Max Marks</b>	<b>Total</b>
Paper - I	THEORIES OF COUNSELLING-I	30	70	100
Paper - II	COUNSELLING PROCESS-I	30	70	100

Paper - III	BEHAVIOUR MODIFICATION AND COUNSELLING-I	30	70	100
Paper - IV	RESEARCH METHODOLOGY-I	30	70	100

**Semester - 6**

Paper	Paper Name	Project Work	External Max Marks	Total
Paper - I	THEORIES OF COUNSELLING-II	30	70	100
Paper - II	COUNSELLING PROCESS-II	30	70	100
Paper - III	BEHAVIOUR MODIFICATION AND COUNSELLING-II	30	70	100
Paper - IV	RESEARCH METHODOLOGY-II	30	70	100
Paper - V	DISSERTATION	100		100