

M.SC NATUROPATHY

SEMESTER - 1

Paper No	Subject	Contents Of Syllabus
Paper - I	Introduction to Naturopathy - I	Naturopathy History of the Naturopathic Degree Main Principles of Naturopathy Techniques and benefits of different Modalities of Naturopathy Fasting therapy Mud Therapy
Paper - II	Anatomy and Physiology - I	Anatomy Human Anatomy Head and Regional Groups Anatomy of Human Neck Superior Thoracic Aperture Upper Limb Hand and its Constituents Wrist Forearm Elbow Arm Shoulder Chest Human Abdomen Human Back Vertebral Column Vertebra Sacrum Coccyx Invertebral Disc Pelvis Perineum Sex Organ Lower Limb Hip Thigh
Paper - III	Applications of Naturopathy - I	Principles and Practices of Nature Cure Fasting-The Master Remedy Therapeutic Baths Curative Powers of Earth Exercise in Health and Disease Therapeutic Value of Massage Yoga Therapy Healing Power of Colors Sleep: Restorative for Vigor and Vitality Miracles of Alkalizing Diet Vitamins and their Importance in Nutrition Amazing Powers of Amino Acids Secrets of Food Combining Health Promotion the Vegetarian way Importance of Dietary Fiber Lecithin-an amazing Youth element Role of enzymes in Nutrition Raw Juice Therapy Sprouts for optimum Nutrition Acne Alcoholism Allergies Anemia Appendicitis Arteriosclerosis Arthritis
Paper -IV	Naturopathic Diagnosis and Treatment - I	Introduction Overview of the profession: Foundational Basis of the Naturopathic Treatment Naturopathic Practice Professional Formation Naturopathic philosophies: Vitalism Holism

Paper - V	Naturopathic Diet as a Treatment - I	Origin of Medicine Greek Medicine Medieval Medicine The Renaissance and the Rise of Anatomy and Physiology The Rise and Development of Modern Medicine The Rise of Preventive Medicine Natural Medicine Principles and Practices of Nature Cure Ayurveda Practice of Nutritional Healing
-----------	--------------------------------------	---

SEMESTER - 2

Paper No	Subject	Contents Of Syllabus
Paper - I	Introduction to Naturopathy - II	Hydrotherapy Masso Therapy Acupuncture Chromo Therapy Air Therapy Magnet Therapy
Paper - II	Anatomy and Physiology - II	Eye, Gall bladder, Heart, Intestine, Kidney, Liver, Lung, Esophagus, Ovary, Pancreas, Parathyroid Gland, Pituitary Gland, Prostrate, Spleen, Stomach, Testicle, Thymus, Thyroid, Uterus, Vein, Concept of Physiology, Comparative Physiology, Defense Physiology, Ecophysiology, Evolutionary Physiology, Physiome, Human Physiology, Evolutionary Medicine, Krough's Principle, Thrifty Phenotype
Paper - III	Applications of Naturopathy - II	Gout, Headaches and Migraine, Heart Diseases, High Blood Cholesterol, High Blood Pressure, Hydrocele, Hypoglycemia, Neuritis, Nephritis, Obesity, Peptic Ulcer, Piles, Premature Greying of Hair, Prostrate disorders, Psoriasis, Pyorrhea, Rheumatism, Sexual Impotence, Sinusitis, Stress, Thinness, Tonsillitis, Tuberculosis, Varicose Veins, Venereal Diseases, Menstrual Disorders, Premenstrual problems, Menopausal problems, Childbirth the Natural way, habitual Abortion, Female Sterility, Leucorrhoea, Inflammation of the Uterus, Prolapse of the Uterus, Vaginitis, Pruritus Vulvae, Hysteria, Goiter, Cholera, Dermatitis, Hiatus Hernia, Intestinal Worms, Malaria, Whooping Cough, Halitosis, Measles, Mumps, Pleurisy, Pneumonia, Sore Throat, Cystitis

Paper -IV	Naturopathic Diagnosis and Treatment - II	Naturopathic Principles - Do not harm, healing Power of Nature, Treat the Cause, Treat the Whole Person, Doctor as Teacher, Disease prevention and Health promotion, Wellness Naturopathic Theories – Vital force and Theory of Vitality, Integration of the Individual, Naturopathic Cures, Value of a fever, Therapeutic Order, Naturopathic Triad of Health, Unity of Disease, Hering's Law of Cure, Theory of Toxemia, Emunctory Theory, Humoral Theory
Paper - V	Naturopathic Diet as a Treatment - II	Nutritionist, Nutraceutical, Dietary supplement, Food Fortification, Megavitamin Therapy, Nutritional Genomics, Nutritionist, Food Guide Pyramid, Dietitian, Chinese Food Therapy

SEMESTER - 3

Paper No	Subject	Contents Of Syllabus
Paper - I	Panchkarma and Shatkarma - I	Access, Assessment and Continuity of Care Care of Patients Management of Medication Patient Rights and Education Infection Control
Paper - II	Naturopathy Vs Ayurveda and Yoga - I	Origin and Principles of Naturopathy Training and Naturopathic Practitioners Safety Issues
Paper - III	Naturopathy and Mental Health - I	Biologically based Practices - Mood Disorder Treatments Anxiety treatments Sleep disorder Treatments Cognition Disorder Treatments
Paper -IV	Naturopathic Medical Research - I	Introduction – T7CM around the World, WHO support for T&CM, Evolution of the WHO TM Strategy 2014-2023 Global Progress – policy regulations, Practices, Education and Research
Paper - V	Panchkarma and Shatkarma - II	Continuous Quality Improvement Responsibilities of Management Facility Management and Safety Human Resource Management Information Management System

SEMESTER - 4

Paper No	Subject	Contents Of Syllabus
Paper - I	Panchkarma and Shatkarma - II	Continuous Quality Improvement Responsibilities of Management Facility Management and Safety Human Resource Management Information Management System
Paper - II		
Paper - III	Naturopathy and Mental Health - II	Electrical and Magnetic Fields Treatments- Cranial Electrical Stimulation for substance use in rehabilitation, depression, anxiety and sleep disorder, Transcranial Magnetic Stimulation for depression. Mind-body Treatments – Yoga for Depression, Anxiety, PTSD, ADHD and Schizophrenia, Meditation for all depression, anxiety and PTSD
Paper -IV	Naturopathic Medical Research - I	Global review of T&CM – Continuing demand for T&CM products, practices and practitioners Use of T&CM Regulation of T&CM products, practices and practitioners Universal Health Coverage and integration of T&CM, Opportunities and Challenges. Strategic Objectives, strategic directions and strategic actions Implementing the strategy