

Bachelor of Arts Physical Education**Semester – 1**

PAPER NO.	SUBJECT NAME	CONTENTS OF SYLLABUS
Paper – I	Basics of physical education - I	Physical Education: Principles, Practices and Objectives Physical Education and Sports: An introductory overview
Paper – II	Physical Education and Development - I	Physical Education: Curriculum and Intramural Programme Development Intramural Programme: Benefits and Shortcomings
Paper – III	Comparative Physical Education - I	Physical Education in Education for Nationalism 1930-1950 Physical Education in Education for Nationalism since 1950
Paper – IV	Health and Physical Education - I	The Administrator at Work Foundations of Health and Physical Education State Responsibility in Health and Physical Education Legal aspects of Health and Physical Education Healthful School of Living
Paper – V	Physical Education for Disabled - I	Orthopedic Disabilities Neurological Disabilities and Physical Education
Paper – VI	Communication Skills - 1	What is Communication? Communication Skills Business Communication Other types of Communication What is Science Communication Strategic Communication

**Semester – 2**

PAPER NO.	SUBJECT NAME	CONTENTS OF SYLLABUS
Paper – I	Basics of physical education - II	Competitive Sports and Evaluation of Games Traditional Sports in India Physical Education and Sports in India
Paper – II	Physical Education and Development - II	Model Online Course in Outdoor and Recreation Courses and Websites Sports and Leisure Engineering, Designs and Technology: Model website Sports and Leisure Marketing and Promotion: Model websites
Paper – III	Comparative Physical Education - II	Physical Education in Education in the Pan-American nations Physical Education in Education in the African, Asian and the Pacific Nations Physical Education in Education for Internationalism
Paper – IV	Health and Physical Education - II	Health Service Handicapped Children Health Instruction Programme Organisation in Physical Education
Paper – V	Physical Education for Disabled - II	Medical, Sensory and Surgical Disabilities and Physical Education Psychological Disorders and their Treatment
Paper – VI	Communication Skills - II	Professional Communication Some Realms of Communication and their Theories Development Communication Information Semiotics Branches and fields of Communication Theories, Schools and Approaches related to Communication

**Semester – 3**

PAPER NO.	SUBJECT NAME	CONTENTS OF SYLLABUS
Paper – I	English - I	Truth and non-violence The Soul of All Religions is One Daridranarayan What India Stands For Democracy To Studenst For The Good of the Individuals Assignments Essay Writing Comprehension
Paper – II	PHYSICAL EDUCATION PERFORMANCE - I	Physiology, Health and Fitness Exercise and its Classifications Effects of Exercises on Different Systems Muscular System and Eercise Altitude Training and Conditioning Kinesiology
Paper – III	PHYSICAL EDU. AND ATTITUDE - I	Introduction Changes in Civilization Physical Education, Experience and Naturalism Childhood Play
Paper – IV	PHYSICAL EDU. INFRASTRUCTURE - I	Physical Education Personnel and their functions Curriculum Design for Physical Education Gymnasium Facilities and Equipment Locker rooms and Physical education costumes Shower rooms Construction and maintenance of swimming pools Care and maintenance of swimming pools
Paper – V	Physical Edu. Standards - I	Introduction Perfection and the Body Health and Physical Education Objectives and Standards Pragmatism and Physical Education
Paper – VI	Measurement & Evaluation - I	Introduction Importance of Physical 2. Education Programme Management in Physical Education Measurement and Evaluation in Physical Education

**Semester – 4**

PAPER NO.	SUBJECT NAME	CONTENTS OF SYLLABUS
Paper – I	English - II	Precis Writing Letter Writing Prepositions Fixed Preposition with Verbs Idioms Substitution of Words One Word Substitutions Common Errors History of English language Foreign language Education
Paper – II	PHYSICAL EDUCATION PERFORMANCE - II	Anatomic Fundamental Structural and Functional Classification of Skeletal sinew Joints and Movements Movement and its Patterns Motion Body Position in the Sports Kinesiology and Sports Movement
Paper – III	PHYSICAL EDU. AND ATTITUDE - II	Physical Educational and Naturalism Principles and Practices in Physical Education Public Attitudes and Physical Education
Paper – IV	PHYSICAL EDU. INFRASTRUCTURE - II	Schools and community recreation Intramural Athletics Interscholastic Atheletics Measurement in health and physical education Public interest for physical education Budget and finance for physical education Office management
Paper – V	Physical Edu. Standards - II	Resistance, Disease and Physical Education Activity, Fitness and Physical Education Educational Components of Physical Education Competitive Sports and Physical Education Importance of Standards in Physical Education
Paper – VI	Measurement & Evaluation - II	Values in Physical Education Case Study Approach in Physical Education Exercises for the Physically handicapped Posture Improvement Exercises

**Semester – 5**

PAPER NO	SUBJECT NAME	CONTENTS OF SYLLABUS
Paper – I	Physical Edu. Teaching - I	Growth of Physical Education Teaching Physical Education Teaching Techniques and Methodologies Physical Education and Societal Development Personality, Educational Reforms and Development Mind and Educational Empowerment
Paper – II	Global Physical Education - I	Physical Education and Nationalism Physical Education in German Educational Context Physical Education in Swedish Educational Context Physical Education in Danish Educational Context Physical Education in French Educational Context Physical Education in British Educational Context
Paper – III	Physical Edu. Research - I	Laboratory and Experimental Research in Physical Education Exercise and its Physiology Psychology, Learning and Sports
Paper – IV	Future of Physical Edu - I	Physical Education at Different levels Physical Education in the 21 <sup>st</sup> Century Physical Education for all round Development Physical Education, Biology and Human Development Physical Education, Psychology and Learning Physical Education, Sociology and Humanity
Paper – V	Research Methodology - I	Social Research Methods of data Collection Introduction of Inference Hypothesis in Research Sampling Techniques Measurement, Reliability and Validity Scales and Indexes

**Semester – 6**

PAPER NO	SUBJECT NAME	CONTENTS OF SYLLABUS
Paper – I	Physical Edu. Teaching - II	Human Body, Blood Chemistry and Physical education Educational Moralism Versus Physical Education Body Posture and Physical Education Philosophy, Society, Education and Development
Paper – II	Global Physical Education - II	Physical Education in Soviet Educational Context Physical Education in European Context General Preview of Physical Education Physical Education Philosophies During 1787-1865 Physical Education Philosophies During 1865-1900 Physical Education Philosophies During 1900-1930
Paper – III	Physical Edu. Research - II	Psychology Studies Human Movement and Kinesiological Research Physical and Motor Growth Curves and Development Research Report Preparation
Paper – IV	Future of Physical Edu - II	Physical Education Required for Physical Education Preparing a Competent Cadre of Physical Education Teachers Professional Organizations in the area of Physical Education Employment and Training in Physical Education New Employment Opportunities in Physical Education New Challenges and Dimensions of Physical Education
Paper – V	Research Methodology - II	Experimental and Quashi-Experimental Research Designs Survey Research Designs Data Analysis Quality Social Science Research Methodology Research Ethics Programme Evaluation and Policy Analysis Report writing and Presentation
Paper - VI	Dissertation	