

<b>M.Sc Mental Health</b>		
<b>SEMESTER - 1</b>		
<b>Paper No</b>	<b>Subject</b>	<b>Contents Of Syllabus</b>
Paper - I	Introduction to Mental Health - I	Introduction to Mental health and Related Concepts Stigma and Mental Illness Manifestation of Mental Illness Diagnosis of Mental Illness Status of Mental health Neurosciences and Mental Health The Brain And its Parts The Neurons and the Communication within the Brain Intelligence, Learning and Memory; Autonomic Nervous System, The Senses, Hemispheres and the Lobes of the Brain Complexity of the Brain
Paper - II	Mental Health Positive Psychology - I	Positive Psychology Basic Premise of Positive Psychology Positive Psychology, Happiness, Flourishing and Thriving Subjective positive Experience The Positive Individual The Positive Community Characteristics of Subjective Well Being and Positive Psychology
Paper - III	Theories of Personality - I	Personality Theories Eric Erikson's Theory of Personality Carl Jung's Analytical Psychology Alfred Adler's Theory of Individual Psychology Horney's Theory of Basic Anxiety
Paper -IV	Mild Mental Disorder - I	Mental Disorders Mild Mental Disorders (Neurotic Disorders) Adjustment Disorders Anxiety Disorders Generalized Anxiety Disorders Obsessive Compulsive Disorder
<b>SEMESTER - 2</b>		
<b>Paper No</b>	<b>Subject</b>	<b>Contents Of Syllabus</b>
Paper - I	Introduction to Mental Health - II	Mental Disorders due to damage to the Brain Glossary of Terms for an Anatomy of the Brain Gender and Mental Health Gender and Sex factors in Mental Health Gender Specific Risk Factors Women's Mental Health : the Facts Typical mental Disorders in women Social Origins of Distress Strategies for Management of Mental Health Problem in Women Societal policies and Mental Health
Paper - II	Mental Health Positive Psychology II	Skills for Optimum Personal relations A comprehensive View of Mental Health Concepts Mental Health, Mental Illness and Culture Mental Health as an evolving Continuum Treatment for Mental Disorders and Cultural Factors Mental Health Act 1987
Paper - III	Theories of Personality - II	Allport's Theory of Personality Rational Emotive Theory Theory of Need Hierarchy of Abraham Maslow Cognitive Development Theory By Piaget Introduction to Learning Theory and Behavioural Psychology
Paper -IV	Mild Mental Disorder - II	Panic Disorder with or Without Agoraphobia Post-Traumatic Stress Disorder Social Anxiety Disorder (Social Phobia) Dissociative Disorder Somatoform Disorder Somatization Disorder (Briquet's Syndrome) Somatoform Pain Disorder

<b>SEMESTER - 3</b>		
<b>Paper No</b>	<b>Subject</b>	<b>Contents Of Syllabus</b>
Paper - I	Psychological Testing - I	Psychological Tests Selecting Candidate through Psychological Tests Psychological Test Process Use and functions of Psychological Tests
Paper - II	Neurological Disorders - I	Neurological Disorders Brain Injury Traumatic Brain injury (TMI) Stroke Alzheimer Disease Parkinson Disease Multiple Sclerosis
Paper - III	Personality Disorders - I	Personality Disorder Paranoid Personality Disorder Antisocial personality Disorder
Paper -IV	Psychotic Disorder	Psychotic Disorders Schizophrenia Brief Psychotic Disorder Delusional Disorder Schizoaffective Disorder Schizophreniform Disorder Mood Disorder Major depressive Disorder Dysthymia Bipolar Disorder (Manic Depression) Cyclothymia Mood Disorder due to a general medical Condition Premenstrual Dysphoric Disorder Seasonal Affective Disorder (Diagnostic Criteria) Postpartum Disorder (PPD) Postpartum Psychosis
<b>SEMESTER - 4</b>		
<b>Paper No</b>	<b>Subject</b>	<b>Contents Of Syllabus</b>
Paper - I	Psychological Testing - I	Categories of Tests APA Ethics Code for Testing Standards for Educational and Psychological Tests History of the Measurement of Intelligence
Paper - II	Neurological Disorders - II	Epilepsy, Seizure Disorders Sleep Disorders Seasonal Affective Disorder (Sleep Disorder) Migraine Headaches Pain Disorders Rehabilitation of the Neurological Disorder Patients Rehabilitation for Neurological Disorders
Paper - III	Personality Disorders - II	Histrionic Personality Disorder Narcissistic Personality Disorder Dependent Personality Disorder
Paper -IV	Research Methodology & Statistics	Research Methodology Tools for Data Collection What is Interview? Designing of Questionnaire Participant Observation Survey Research Selection of Survey Method and Related Items Glossary of Statistical terms Introduction to Statistics Normal Distribution – Ideal Shape Experiments and expectations Graphical Presentation of the Data Frequency Distribution and Measures of central tendency Measures of Variability Variance Computed Directly from the Obtained Scores Standard Deviation Correlation and Regression Analysis of variance
	Dissertation	